



The Sickle Cell Association of the National  
Capital Area, Inc. Spring Workshop

**SICKLE CELL DISEASE AND  
MENTAL HEALTH:  
IT'S NOT ALL IN YOUR HEAD**

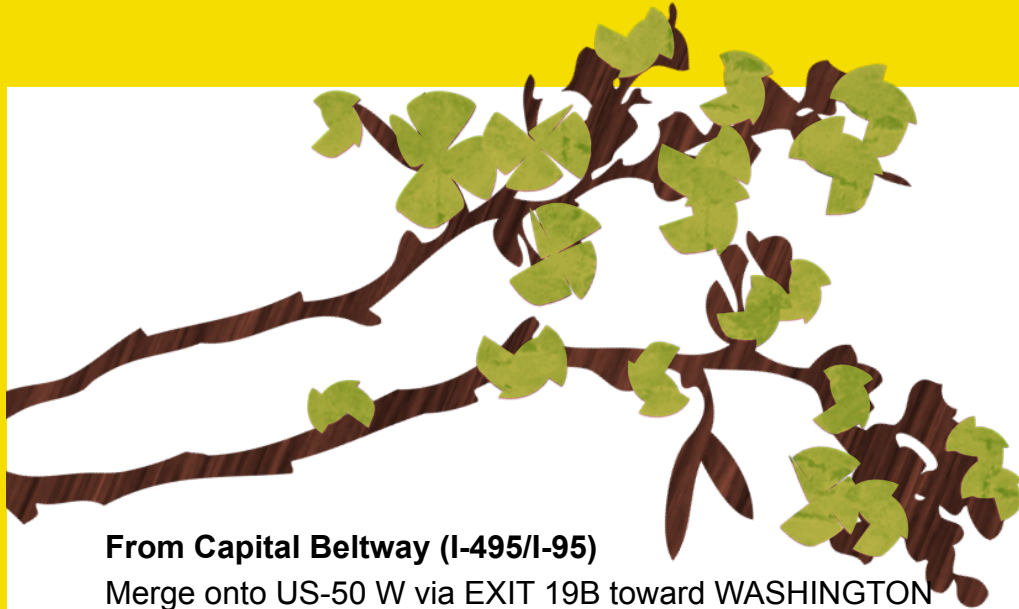
**MAY 5, 2018  
12 NOON – 2 PM**

8400 CORPORATE DRIVE, 1<sup>ST</sup> FLOOR ACTIVITY ROOM  
LANDOVER, MD 20785

**Featuring DR. AKUA G. ASARE-DANSO, M.D.**

Learn to successfully manage your mental health  
so you can optimize your overall health.

Lunch is included!



**From Capital Beltway (I-495/I-95)**

Merge onto US-50 W via EXIT 19B toward WASHINGTON  
Take the GARDEN CITY DR exit- EXIT 6- toward ARDWICK ARDMORE  
RD / METRO & AMTRAK STATION  
Stay STRAIGHT to go onto GARDEN CITY DR / MD-950.  
Make RIGHT on CORPORATE DRIVE, and LEFT at the light to stay on  
CORPORATE DRIVE.  
8400 CORPORATE DRIVE will be on your left.

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**From Washington, DC (Rt. 50 East)**

Follow US-50 East, crossing into Maryland.  
Merge onto MD-410 E / EAST-WEST HWY via EXIT 5 toward ARDWICK  
ARDMORE RD.  
Turn LEFT onto PENNSY DR.  
STAY STRAIGHT through the light and you will be on CORPORATE  
DRIVE (do not turn left).  
8400 CORPORATE DRIVE will be on your left.

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**From New Carrollton Metro (on foot, 0.6 miles)**

Exit the metro station to your right. Walk by the parking garage to the main  
street, Garden City Dr.  
Turn LEFT on GARDEN CITY DR and walk to the light and make a  
RIGHT on COPORATE DRIVE.  
Turn LEFT at the light to stay on CORPORATE DRIVE.  
8400 CORPORATE DRIVE will be on your left.